

Why the Art of Rope?

- Personal connection
- Infinitely versatile
- Artistic expression

What do you need to do a rope scene?

- Rope
- EMT Shears!
- Optional: Marlin Spike

What kind & how much Rope?

- Material
 - Man made fibers: nylon / multifilament / polyester / plastic
 - Natural : cotton / hemp / manila / sisal / jute
- Style
 - Solid braid / twisted / cored
- Thickness / gauge
 - ¼ - 1/2 inch or by metric equivalent
- Best Beginner rope = 1/4 or 3/8 solid braid nylon
- A Good Basic Rope Kit:
 - 1 - 40 to 50 foot length for body harnesses
 - 2 - 20 to 25 foot lengths for chest / crotch ties
 - 4 - 10 to 12 foot lengths for wrist / ankles ties

Rope Care

- Finish ends
 - Tape / Whipped / Tool Dip / Wall
- Cleaning Nylon Rope
 - Machine washable w/ detergent (use lingerie bag)
 - Bleach & softeners weaken rope
- Storage
 - Coil or wrap
 - Keep out of sunlight

Bondage Safety

- Biggest danger is reduced circulation
 - Poor circulation can lead to bruising and tissue / nerve damage. Depending on the severity & length of time this damage can be permanent
 - Symptoms of trouble: pain, numbness or tingling, drop in temp & color change
- Safety Tips
 - Don't over tighten / 2 fingers rule
 - Watch joints & bony areas
 - Check in often & communicate
 - Don't gag unless you have another way to communicate
 - Go slow / watch burns & whips >
 - Ask what if questions & act on them.
- Before you begin a rope scene
 - Negotiate the scene
 - Ask about medical history, specific problems & previous injuries

- ◆ Circulation or respiration trouble
- ◆ Fainting or seizures
- ◆ Diabetes / Heart condition / etc
- ◆ Back, neck, shoulder injuries or surgeries
- ◆ Breast implants
- ◆ Past emotional issues that could be triggered by helplessness
- What will you do when the person is bound? Discuss limits before hand.
- Having your partner stretch a bit can help avoid injuries & prolong the scene. Will also clue you in on their flexibility.
- Make sure they have eaten recently & suggest they go to the bathroom.
- Inspect your ropes carefully for cleanliness, knots, splinters, etc

Why do we tie people up?

- Types of Bondage Scenes
 - Create sense of vulnerability / powerlessness
 - Control / demonstrate dominance
 - Create sense of security
 - Hold in useful (sexual, etc) positions
 - Torture (bondage isn't always suppose to be comfortable!)
 - Decoration / art
 - Self-pleasuring (crotch rope, ...)
 - Cause & effect / predicament fun
- Creating a bondage scene
 - What you want to do in the scene?
 - What will they be tied to or on?
 - Is the bondage for utility or decoration?
 - Are they likely to struggle?
 - What flavor do you want the scene to have?

Basic Knots

- Over hand
- Square / Reef
- Larks head
- Bowline

Basic Ties:

- Basic Cuff
- Two Column
- Bar Tie
- Chest Harness / Shinju (pearls)
- Crotch Rope / Sakura (cherry)
- Rope dress / Karada (body)
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Bondage Scene After Care

- Aside from the usual, fluids, warm & appreciation,
- Remember that joints will be stiff, be gentle & go slowly.
- Get feedback & admire rope marks.

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